

RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK  
AGREEMENT ("AGREEMENT")

IN CONSIDERATION of being permitted to participate in any way in the Hockey activity ("Activity"), I, for myself, my personal representatives, assigns, heirs, and next of kin:

Acknowledge, agree, and represent that I understand the nature of Hockey activities and that I am qualified, in good health, and in proper physical condition to participate in such Activity. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the Activity.

FULLY UNDERSTAND that: a. Hockey activities involve risks and dangers of serious bodily injury, including permanent disability, paralysis, and death ("risk"); b. there risks and dangers may be caused by my own actions or inactions, the actions or inactions of other participating in the activity, the condition in which the activity takes place, or the negligence of the "releases" named above; c. there may be other risks and social and economic losses either not known to me or not readily foreseeable at this time; and I fully accept and assume all such risks and all responsibility for losses, costs, and damages I incur as a result of my participation or that of the minor in the activity.

Hereby release, discharge, and covenant not to sue the CORTLAND SPORTS COMPLEX, INC., their respective administrators, directors, agents, officers, members, volunteers, and employees, other participants, any sponsors, advertisers, and if applicable, owners and lessors of premises on which the activity takes place, (considered releases herein) from all liability, claims, demands, losses, or damages on my account caused or alleged to be caused in whole or in part by the negligence of the releases or otherwise, including negligent rescue operations; and I further agree that if, despite this release and waiver of liability, any of the releases, I will indemnify, save, and hold harmless each of the releases from any litigation expenses, attorney fees, loss, liability, damage, or cost which any may incur as the result of such claim.

I HAVE READ THIS AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIALLY RIGHTS BY SIGNING IT AND HAVE SIGNED IT FREELY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE AND INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW AND AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID THE **BALANCE, NOTWITHSTANDING, SHALL CONTINUE IN FULL FORCE AND EFFECT.**

Signature of Parent/Guardian: \_\_\_\_\_

Date: \_\_\_\_\_



**4292 Fairgrounds Drive  
Cortland, NY 13045**

**For Information and Registration:  
www.jmmcomplex.com  
Office:(607) 753-8100  
Fax:(607) 753-8400**

**J.M. MCDONALD SPORTS  
COMPLEX**

# Pre-Season Hockey Skills Clinic



**Tel: (607) 753-8100  
www.jmmcomplex.com**

# Instruction by Trevor Bauer of Blue Line Hockey School

## Week One: September 13th, 15th & 16th

Mite/Squirt 6pm—7:15pm

PeeWee/Bantam 7:30pm—8:45pm

Power skating instruction will feature forward and backward skating, edge control, crossovers and tight turns. Individual skills to sharpen puck handling, passing and 1v. 1 abilities.

Cost: \$50 per player

## Week Two: September 20th, 22nd & 23rd

Mite/Squirt 6pm—7:15pm

PeeWee/Bantam 7:30pm—8:45pm

This week to feature 1 v. 1, 2 v. 1 and 2 v. 2 skills as well as small games to further develop game time skill sets for the Mite/Squirt group.

The PeeWee/Bantam group will cover all facets of checking including stick, poke, hand, body and hip checks. Small games will also be covered.

Cost : \$50 per player

**Great instruction to get  
ready for the new season  
at a quality price!**

**Both weeks for  
\$90 !!**



This clinic will work on hockey skills in a fun environment.

## Registration Must be partnered

with signed waiver on reverse side.

**Name of Participant (print)**

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**D.O.B.**

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**Address**

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Street City State Zip

**Parent or Guardian's Name (print)**

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**Phone**

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**Email**

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**Age Group (circle)**

Mite/Squirt

PeeWee/Bantam

**Registering For (circle)**

Week 1

Week 2

Both Weeks

**FOR OFFICE USE ONLY**

**Paid:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**By:** \_\_\_\_\_